

i am
smart

i am
capable

i am
talented
and **gifted**

i am a
beautiful
human being

i love to
learn

i strive to
improve
myself

every day and in every way
i get **better**
and **better**

i am
successful

i am
disciplined

i am
honest and
trustworthy

the **truth** is
important to me

i am a
leader

i can
achieve
anything

i never
give up

i am
blessed

i am
courageous

i am
calm, relaxed
and **peaceful**

i am a
winner

i am
limitless

i have
persistence
in what i believe

i believe
in myself

i am
the best

i am a great
listener

i am **strong**
and **healthy**

i love
challenges

i believe in
my dreams

i choose to be
happy

life is beautiful
and i enjoy
every moment

i feel
confident

i am
grateful